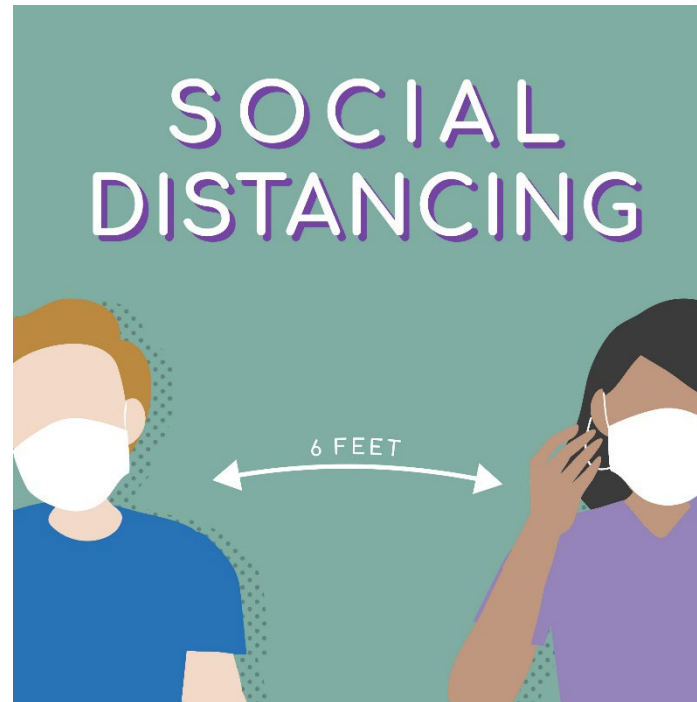


Social Distancing

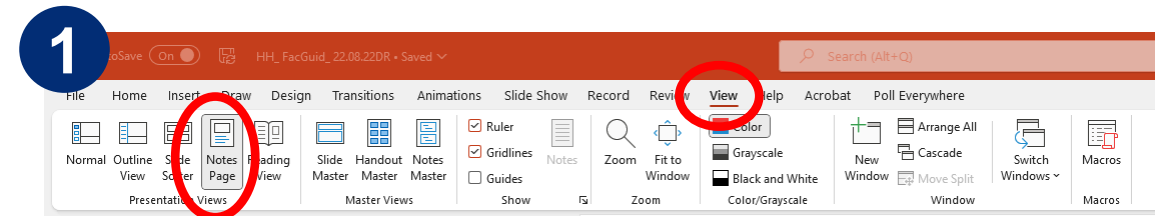
Facilitator Guide



How to Use This Facilitator’s Guide

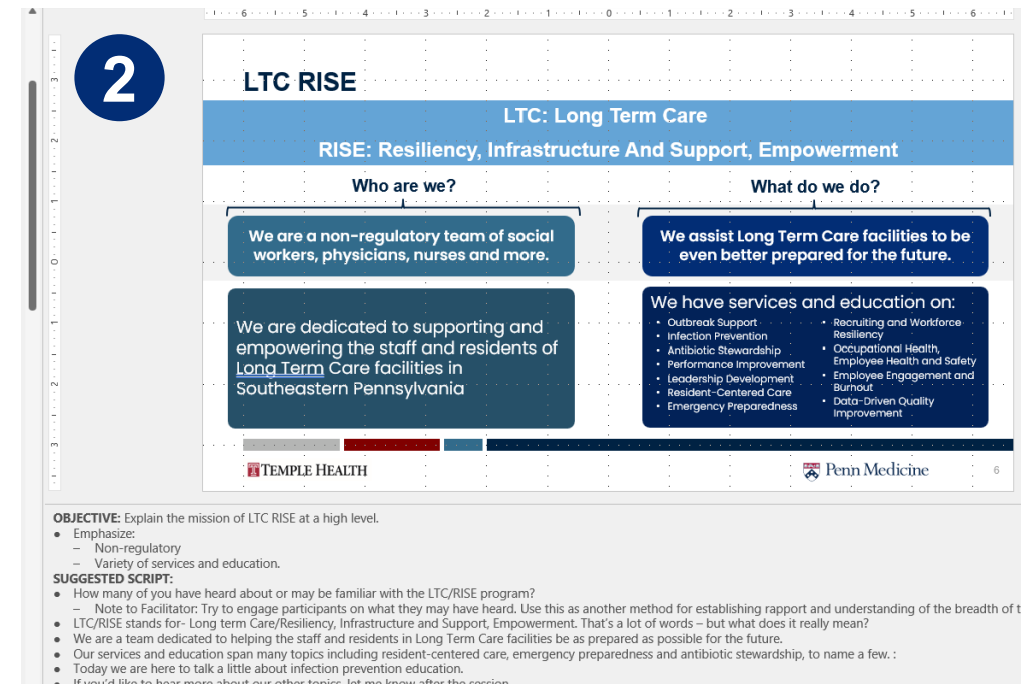
► **Printing out copies is not required.**

- If you can, bring a print out of:
 - Slide 4 (session sign)
 - Slide 8 (Matchbook Slide)
- You may want to print out the presentation for your own use. We recommend using Notes View (see picture 1)
- If you can’t print anything out – no worries! You can view the notes on your phone or laptop.



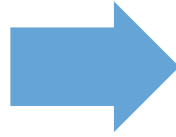
► Each slide has a guide in the notes section.

- You can see guide at the bottom of slides (see picture 2) or note view
- Each slide has an “Objective”. This is the main point you want to make sure participants understand.
- There are “Facilitator Notes” throughout the Suggested Scripts. These are tips, or question answers for you as facilitator to use.



Before Your Meeting

Schedule Presentation



- Confirm a date and time for presentation
- Communicate:
 - Presentation is for all staff and residents
 - The session will be 30 minutes
 - A separate room or space is preferred

Prepare for Presentation



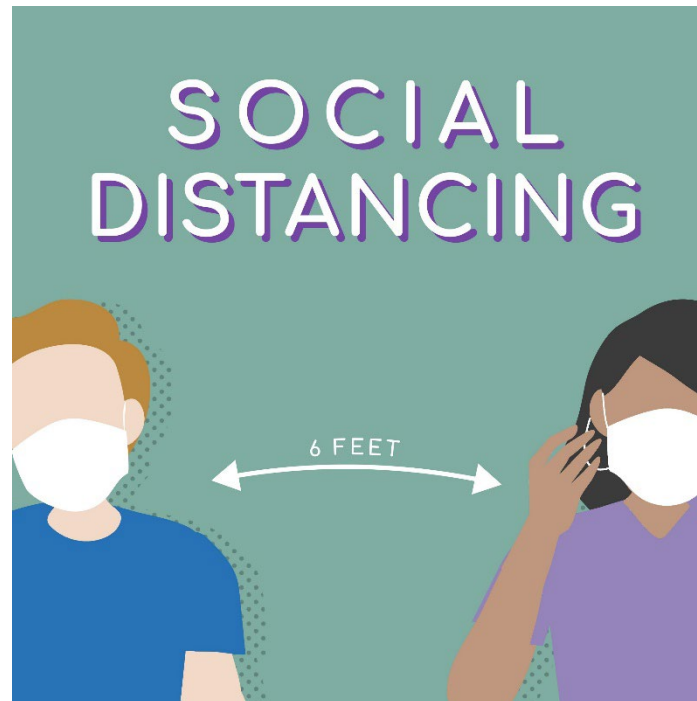
- Gather Materials
 - Pens
 - Sign in sheet
 - Tape Measure
 - Hand sanitizer
 - Optional:* Printed slides
 - Optional:* Paint-safe tape
 - Optional:* Print out of notes pages of presentation

Set up Presentation

- Set up space:
 - Clean workspace
 - Space chairs appropriately
 - Optional:* Display session sign

Welcome
to the
Session on

Social Distancing

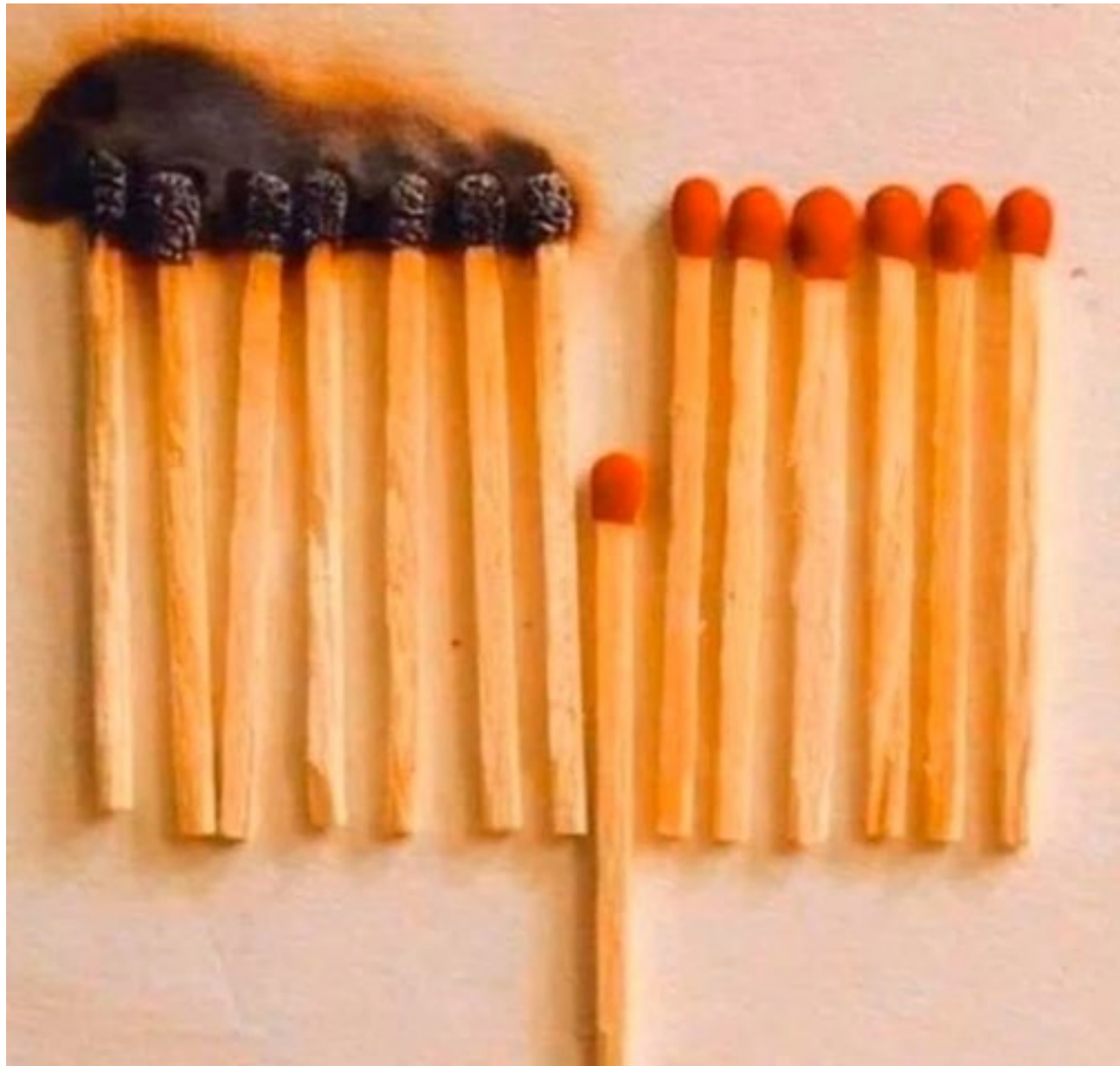




↔ SOCIAL DISTANCING

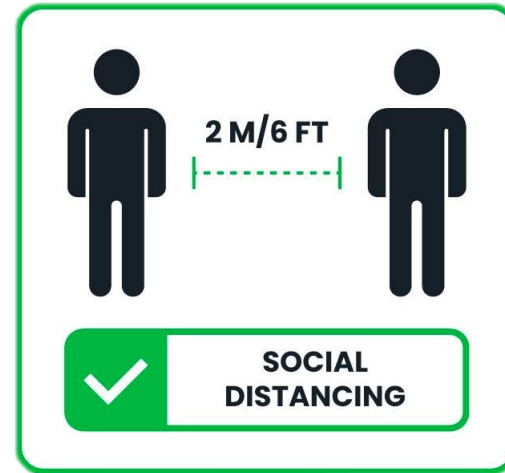
Social distancing means **staying away**
from **close contact** in public spaces.







Implementing Social Distancing



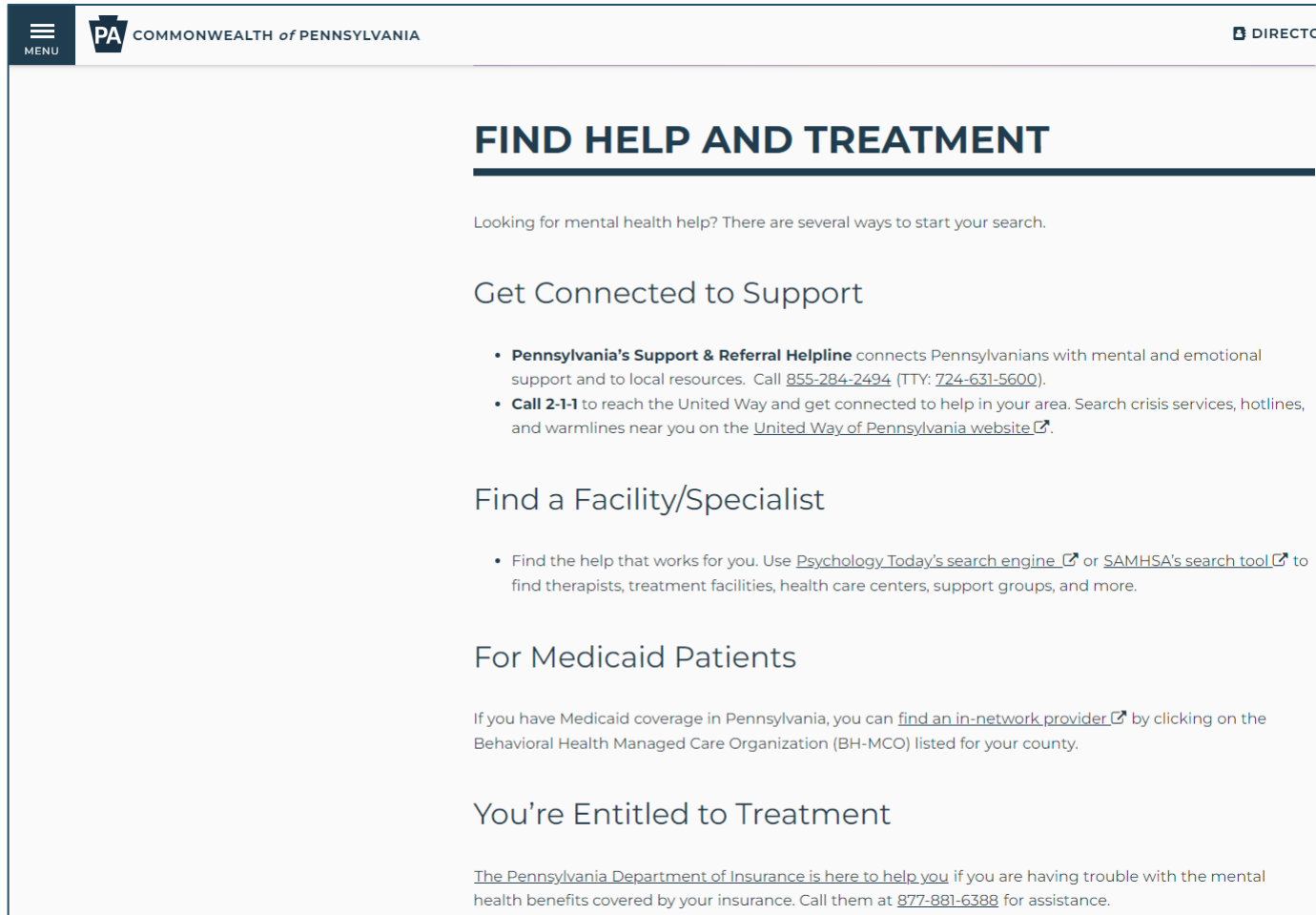
Potential Impact of Social Distancing on Residents

Although social distancing is highly recommended by the CDC to decrease the spread of infection, the effects may bring an increase of psychological and medical effects in the elderly.






Encourage residents and staff to find help and treatment



The screenshot shows a webpage from the Commonwealth of Pennsylvania. At the top left is a menu icon and the text 'COMMONWEALTH of PENNSYLVANIA'. At the top right is a 'DIRECTOR' link. The main heading is 'FIND HELP AND TREATMENT' in bold, underlined. Below the heading is a paragraph: 'Looking for mental health help? There are several ways to start your search.' This is followed by a section titled 'Get Connected to Support' with a bulleted list: '• **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call [855-284-2494](tel:855-284-2494) (TTY: [724-631-5600](tel:724-631-5600)).' and '• **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the [United Way of Pennsylvania website](#).' Below this is a section 'Find a Facility/Specialist' with a bullet point: '• Find the help that works for you. Use [Psychology Today's search engine](#) or [SAMHSA's search tool](#) to find therapists, treatment facilities, health care centers, support groups, and more.' Next is 'For Medicaid Patients' with text: 'If you have Medicaid coverage in Pennsylvania, you can [find an in-network provider](#) by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.' The final section is 'You're Entitled to Treatment' with text: '[The Pennsylvania Department of Insurance is here to help you](#) if you are having trouble with the mental health benefits covered by your insurance. Call them at [877-881-6388](tel:877-881-6388) for assistance.'

[Mental Health Resources | PA.GOV](#)

[How Right Now | Finding What Helps \(cdc.gov\)](#)



QUIZ!





THANK YOU