

Tuberculosis Basics

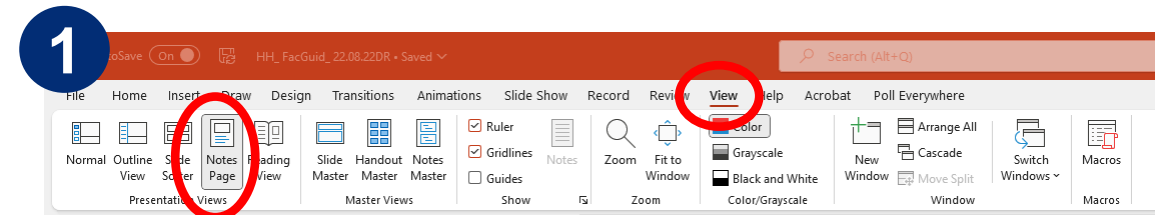
Facilitator Guide



How to Use This Facilitator's Guide

► **Printing out copies is not required.**

- If you can, bring a print out of:
 - Slide 4 (session sign)
- You may want to print out the presentation for your own use. We recommend using Notes View (see picture 1)
- If you can't print anything out – no worries! You can view the notes on your phone or laptop.



► Each slide has a guide in the notes section.

- You can see guide at the bottom of slides (see picture 2) or note view
- Each slide has an “Objective”. This is the main point you want to make sure participants understand.
- There are “Facilitator Notes” throughout the Suggested Scripts. These are tips, or question answers for you as facilitator to use.

OBJECTIVE: Explain the mission of LTC RISE at a high level.

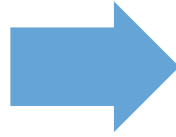
- Emphasize:
 - Non-regulatory
 - Variety of services and education.

SUGGESTED SCRIPT:

- How many of you have heard about or may be familiar with the LTC/RISE program?
 - Note to Facilitator: Try to engage participants on what they may have heard. Use this as another method for establishing rapport and understanding of the breadth of
- LTC/RISE stands for- Long term Care/Resiliency, Infrastructure and Support, Empowerment. That's a lot of words – but what does it really mean?
- We are a team dedicated to helping the staff and residents in Long Term Care facilities be as prepared as possible for the future.
- Our services and education span many topics including resident-centered care, emergency preparedness and antibiotic stewardship, to name a few. :
- Today we are here to talk a little about infection prevention education.
- If you'd like to hear more about our other topics, let me know after the session.

Before Your Meeting

Schedule Presentation



- Confirm a date and time for presentation
- Communicate:
 - Presentation is for all staff and residents
 - The session will be 30 minutes
 - A separate room or space is preferred

Prepare for Presentation



- Gather Materials
 - Pens
 - Sign in sheet
 - Hand sanitizer
 - Optional:* Printed Session Sign
 - Optional:* Paint-safe tape
 - Optional:* Print out of notes pages of presentation

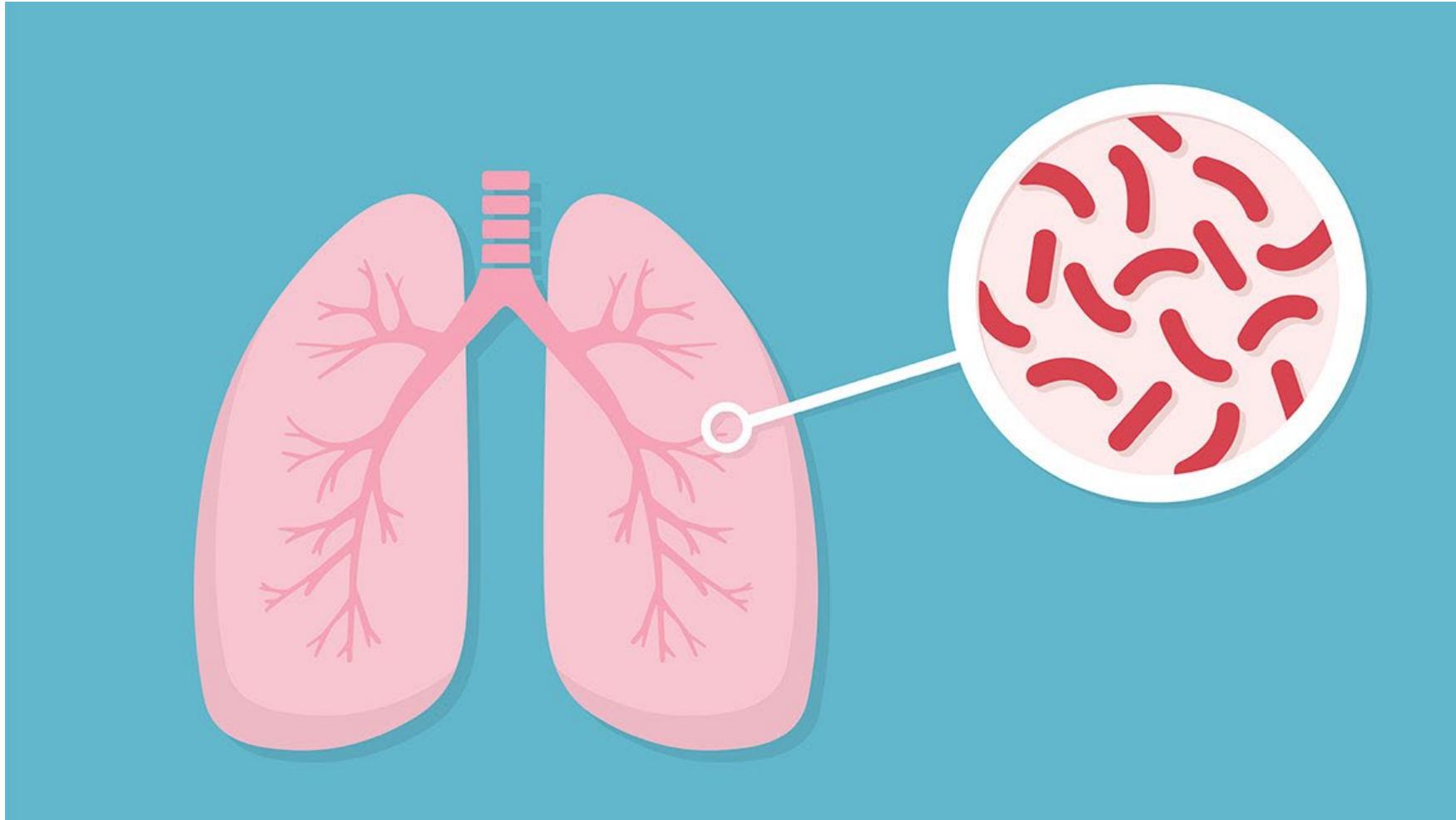
Set up Presentation

- Set up space:
 - Clean workspace
 - Space chairs appropriately
 - Optional:* Display session sign

Welcome
to the
Session on
Tuberculosis Basics



What can you tell me about TB?



How is Tuberculosis Spread?

- Tuberculosis is spread through the air from person to person when an infected person coughs or sneezes.
- A person cannot get TB from surfaces or touching others.
- A person who is exposed to TB cannot spread it right away.
 1. The infected person has to breathe in the TB bacteria
 2. Then, the infected person has to develop the infection
 3. Finally, the bacterial multiplies and becomes active disease
 - Only after the disease is active, can that person infect others

Signs and Symptoms of TB



Cough that lasts 3 or more weeks



Fatigue or weakness



Chills or fever



Coughing up blood



Loss of appetite



Night Sweats

Who Is Most At Risk for TB?

- ▶ Persons with medical conditions that weaken the immune system
- ▶ Persons who work or reside with people in hospitals and nursing homes
 - The CDC and many local health agencies recommend Tuberculosis screening and testing of health care personnel as part of a TB infection control plan.

How should TB be monitored at work?

- ▶ All employees should be screened for TB upon hire
- ▶ Annual TB testing is not recommended unless there is a known exposure or ongoing transmission
- ▶ Annual education should include:
 - TB risk factors
 - Signs and symptoms of TB disease
 - TB infection control policies and procedures

How can I have a good TB infection control plan?

- ▶ If possible, assign someone the responsibility for TB infection control
- ▶ Develop a written TB infection control plan
- ▶ Ensure availability of a lab for testing and reporting results
- ▶ Provide education, training and counseling for health care personnel
- ▶ Perform regular screening, testing and evaluating
- ▶ Remind patients and staff to use proper cough etiquette





THANK YOU