

Welcome

to the

Long Term Care RISE

 Penn Medicine |  TEMPLE HEALTH

Session on

Physical Distancing

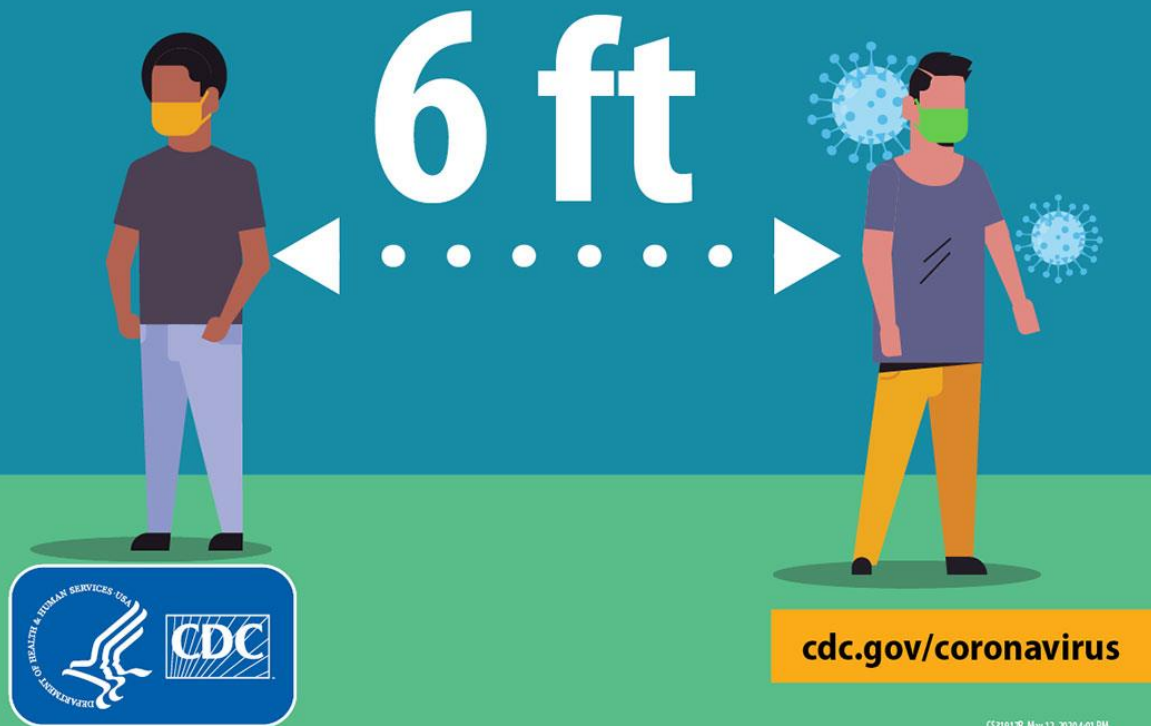




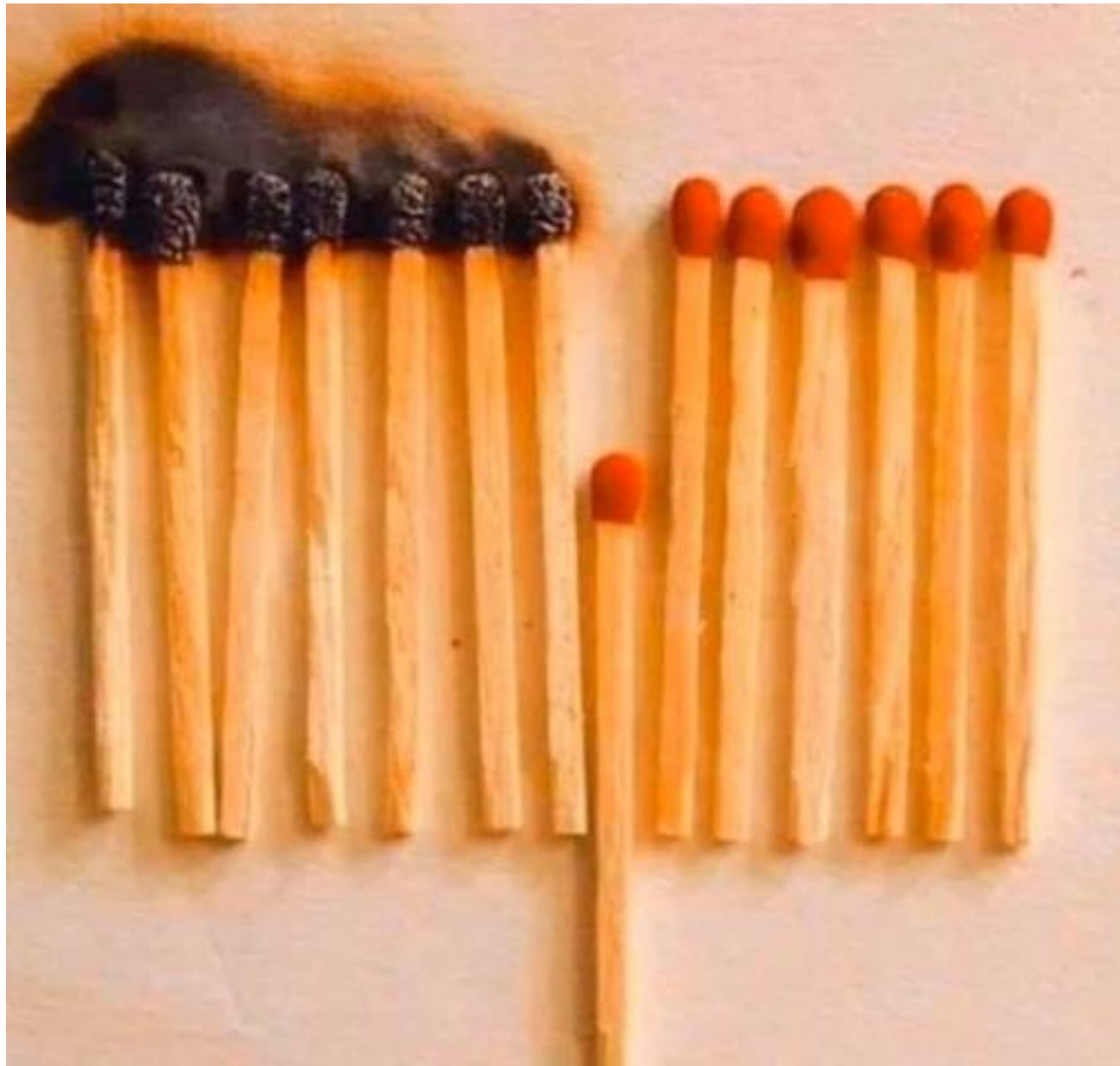
STOP THE SPREAD OF GERMS

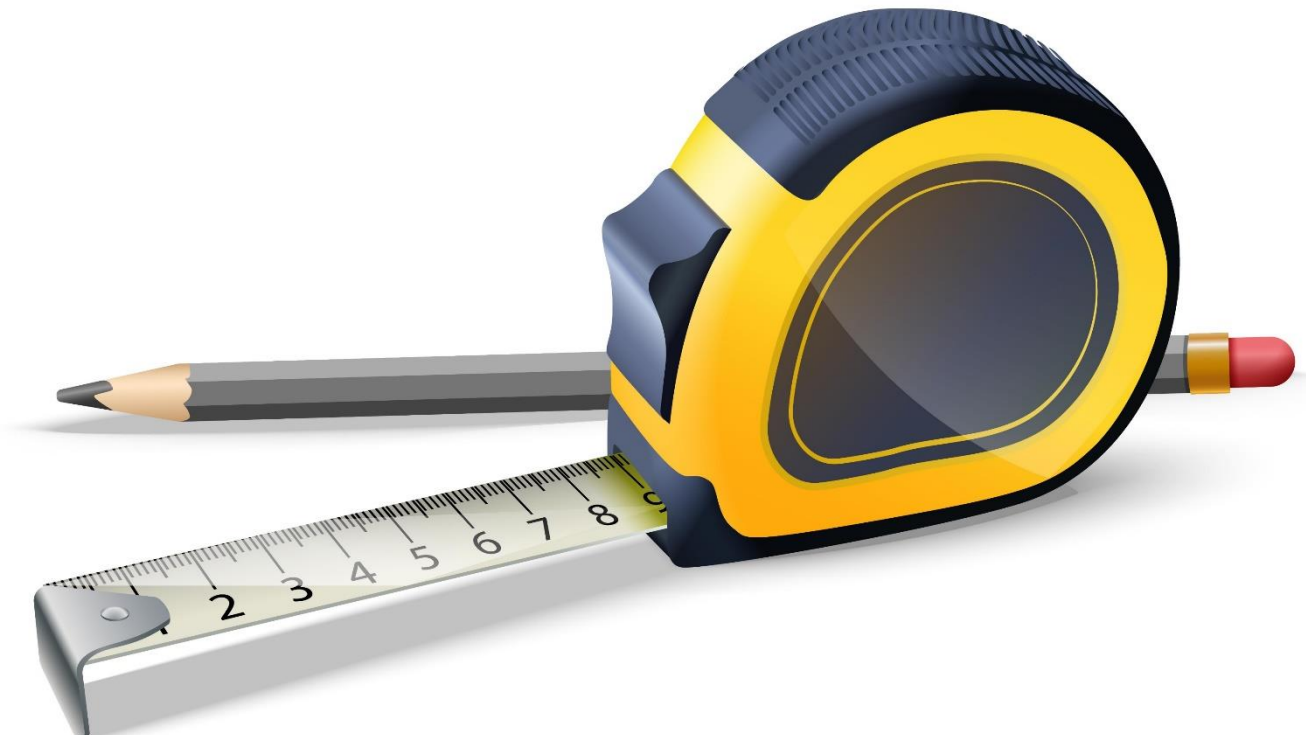
Help prevent the spread of respiratory diseases like COVID-19.

Stay at least 6 feet (about 2 arms' length)
from other people.

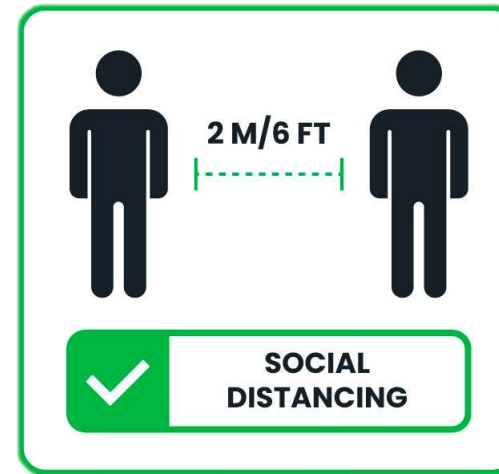


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Implementing Physical Distancing



Potential Impact of Physical Distancing on Residents

Although physical distancing is recommended by the CDC to decrease the spread of infection in some situations, the effects may bring an increase of psychological and medical effects in the elderly.





Encourage residents and staff to find help and treatment

The screenshot shows the top navigation bar with a menu icon, the PA logo, and the text 'COMMONWEALTH of PENNSYLVANIA'. On the right, there is a 'DIRECTOR' link. The main heading is 'FIND HELP AND TREATMENT' with a horizontal line underneath. Below the heading, there is a paragraph: 'Looking for mental health help? There are several ways to start your search.' This is followed by a section titled 'Get Connected to Support' which contains a bulleted list of resources. The next section is 'Find a Facility/Specialist' with a single bullet point. This is followed by 'For Medicaid Patients' with a paragraph of text. The final section is 'You're Entitled to Treatment' with a paragraph of text.

FIND HELP AND TREATMENT

Looking for mental health help? There are several ways to start your search.

Get Connected to Support

- **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call [855-284-2494](tel:855-284-2494) (TTY: [724-631-5600](tel:724-631-5600)).
- **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the [United Way of Pennsylvania website](#).

Find a Facility/Specialist

- Find the help that works for you. Use [Psychology Today's search engine](#) or [SAMHSA's search tool](#) to find therapists, treatment facilities, health care centers, support groups, and more.

For Medicaid Patients

If you have Medicaid coverage in Pennsylvania, you can [find an in-network provider](#) by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.

You're Entitled to Treatment

The [Pennsylvania Department of Insurance](#) is here to help you if you are having trouble with the mental health benefits covered by your insurance. Call them at [877-881-6388](tel:877-881-6388) for assistance.

[Mental Health Resources | PA.GOV](#)

[How Right Now | Finding What Helps \(cdc.gov\)](#)



QUIZ!



THANK YOU